

Fall Protection Plan



Fall Protection Plan	
Start Date:	End Date:
Work/Site Location:	
Number of Workers:	
Supervisor:	
Work Description (type of work performed)	
Potential Fall Hazards (list all potential fall hazards)	
Fall Protection to be Used	
Work area safe and fall hazards eliminated	<input type="checkbox"/>
Properly constructed guardrail	<input type="checkbox"/>
Travel resistant systems	<input type="checkbox"/>
Safety Net	<input type="checkbox"/>
Fall arrest system	<input type="checkbox"/>
Anchorage Points	
Permanent Anchorage	<input type="checkbox"/>
Temporary Anchorage	<input type="checkbox"/>
Structurally engineered anchorage point certified for fall protection	<input type="checkbox"/>
Total Fall Distance Calculation	
Lanyard length (6.0')	
+ Harness distance (3.5')	
+ D-Ring to feet (5.0')	
+ Safety clearance (3.0')	
+ Harness stretch (1.0)	
Total	

*Ensure fall arrest system is arranged so the worker cannot strike an object or surface below

Fall Protection Plan



Procedures for assembly, maintenance, inspection, use, and disassembly (Manufactures instructions)

Rescue Procedures (For Fallen Suspended Worker)

	Print Name	Signature
Supervisor		
Worker		
Worker		
Worker		
Worker		
Worker		
Worker		
Worker		

The signatures indicate that the signed personnel understand and will adhere to the fall protection plan. Plan to be posted on job-site and reversed.