

# Silecio Working at Heights Training Instructor Prerequisites Checklist

**This form shall be used to ensure that potential instructors meet the qualifications laid out in the Provider Standard for CPO Approved Working at Heights Training. Instructors must possess the following qualifications:**

☐ **technical occupational health and safety knowledge and experience obtained through at least one of the following:**

- ☐ a professional occupational health and safety designation
- ☐ successful completion of at least 30 hours of occupational health and safety training over the last 2 years
- ☐ 5 years of recent occupational health and safety experience
- ☐ a degree, diploma, or certificate in occupational health and safety from a recognized post-secondary institution
- ☐ 3 continuous years of experience as a certified joint health and safety committee member

☐ **combination of adult-education delivery experience and knowledge of principles obtained through at least one of the following:**

- ☐ more than 100 hours of adult education delivery experience in the last 5 years
- ☐ a degree, diploma, or certificate in adult-education principles from a recognized post-secondary institution
- ☐ a professional training and development designation
- ☐ successful completion of an instructor training program based on adult learning principles

☐ **knowledge of the approved working at heights training program topics obtained through at least one of the following:**

- ☐ more than 5 years of recent delivery experience of the approved training program topic(s)
- ☐ successful completion of a working at heights training program approved by the CPO
- ☐ successful completion of a train-the-trainer session for an approved training program as evaluated by the approved training provider
- ☐ successful co-facilitation of a minimum of two sessions of the approved training program as evaluated by the approved training provider

**In addition, training providers must demonstrate that approved working at heights training programs will be delivered by instructors with all the following qualifications:**

☐ **knowledge about:**

- ☐ the Occupational Health and Safety Act and regulations relating to working at heights
- ☐ codes, standards and guidelines related to working at heights in general, and the specific equipment to be used in delivering the training program
- ☐ the hazards of working at heights
- ☐ the hierarchy of controls as it applies to working at heights
- ☐ work access, fall prevention and personal fall protection equipment referred to in the approved training program, and the limitations of this equipment

☐ **advanced knowledge in the correct use and application of equipment referred to and used in the approved working at heights training program**

First Name: \_\_\_\_\_

Date: \_\_\_\_\_

Last Name: \_\_\_\_\_

Signature: \_\_\_\_\_